

Spatial Orientation Screening – self-reported version

Gro Gujord Tangen, 2023

1. Do you have difficulties finding your way in familiar surroundings (such as when visiting the home of close friends, or when walking or driving in your neighbourhood)?

- (0) No, no difficulties
- (1) Yes, sometimes
- (2) Yes, several times

2. Do you have difficulties learning to find your way in new surroundings (such as when travelling or in new shopping centres)?

- (0) No, no difficulties
- (1) Yes, to some degree
- (2) Yes, significant difficulties

3. Have you ever failed to recognize places you have previously visited?

- (0) No, never
- (1) Yes, a few times
- (2) Yes, several times

4. Have you ever refrained from travelling or from participating in activities by yourself because you were worried about finding your way?

- (0) No, never
- (1) No, but I spend a lot of time planning in advance
- (2) Yes

Total score 0–8 points